Removing Viruses and Malware from Windows or Mac OS

Question:
I have answered a phishing scam, have a virus, adware, or other malware on my Mac OS or Windows computer, entered my credentials where I shouldn't have, or have pop-ups I can't get rid of. How do I remove, clean, scan for, or delete a virus or malware from my computer?

Answer:
For instructions, see Removing Viruses and Malware from Windows or Mac OS [3].

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Links:
[1] https://computing.vt.edu/category/categories/security-ids